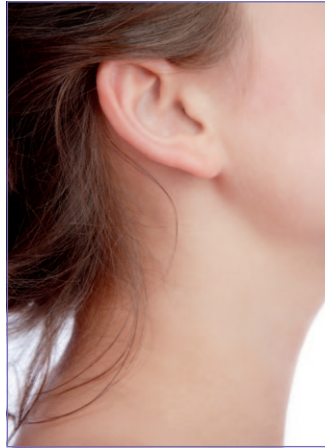


Safety of neck manipulation

Important information from your BCA chiropractor



Manipulation of the neck by a skilled health care professional, such as a chiropractor, is very safe. Some patients may however experience side-effects following treatment. These may include a temporary increase in the original symptoms, local soreness in the area treated, headache or transient light-headedness. These usually disappear within a few hours or a few days at most. Your chiropractor will talk you through the treatment beforehand so that you understand the potential risks as well as benefits before agreeing to treatment.

There have been reported cases of stroke associated with many common, everyday neck movements, as well neck manipulation. The chance of stroke after manipulation is very rare at about one in a million (0.0001%). However, no cause and effect has been established and a similar association is also observed among patients seeing their GP.

If you have certain underlying health conditions you may be at an increased risk of stroke so it is important to tell your chiropractor about your complete health and medication history. Sometimes neck pain and headaches can be symptoms of a stroke but this is very rare. If you are having any other unusual symptoms such as problems with vision, swallowing, speaking, walking, dizziness, fainting, nausea or numbness then please tell your chiropractor straight away, or if unavailable seek advice from the A & E Department of your local hospital.

- I have received a full explanation of my condition
- I have had the opportunity to ask any questions
- I have been advised of treatment options and likely benefits
- I have been advised of possible side effects and risks associated with treatment
- I am happy for a report to be sent to my GP
- I consent to chiropractic treatment

Signed

Dated