

CHIRO LIVE '25

CONFERENCE AGENDA &
BREAKOUT SESSIONS

CHIRO LIVE '25

Chiro Live '25 opens with a dynamic Friday afternoon of practical workshops led by industry experts.

Saturday's agenda is packed with insightful lectures and interactive breakout sessions.

FRIDAY 14TH NOVEMBER

13:00 - 13:10

Welcome Address

BCA President, Tim Button, kicks off Chiro Live '25 with a welcome address.

13:10 - 13:55

Dr. William Morgan Workshop

A clinically oriented, technical workshop session.

13:55 - 14:10

Break

Take this opportunity to network with fellow delegates and visit the exhibition stands in the Beaumont Suite.

14:10 - 14:55

Dr. Edward Cambridge Workshop

See the McGill Method principles in action.

14:55 - 15:10

Break

15:10 - 15:55

Ulrik Sandstrøm Workshop

A neurological approach to manual muscle testing.

15:55 - 16:10

Break

16:10 - 17:10

Keynote Address

Eddie 'The Eagle' Edwards shares insights on resilience and success.



17:10 - 17:30

Closing Remarks & Presentations

Tim Button wraps up the first day of the conference.

17:30

Conference End



Networking Drinks Reception (18:30 - 20:00)

Unwind on Friday evening in a relaxed and inviting setting, enjoying bubbles, canapés, and live music while networking with fellow delegates.

SATURDAY 15TH NOVEMBER

9:00 - 9:10

Welcome Address

9:10 - 10:10

Keynote Address

Professor Tim Spector OBE delivers Saturday's keynote on nutrition and gut health.



10:10 - 10:55

Breakout Sessions

See pages 4-7 for more details

10:55 - 11:15

Break

11:15 - 12:10

The McGill Method

Join Dr. Edward Cambridge for an insightful lecture on the McGill Method featuring a special cameo appearance by Dr. Stuart McGill himself.

12:10 - 12:55

Breakout Sessions

See pages 4-7 for more details

12:55 - 14:00

Lunch

14:00 - 14:10

Group Photograph for the BCA Archives

14:10 - 14:15

Afternoon Welcome

14:15 - 14:45

BCA Introducing Winner

14:45 - 15:30

15:30 - 16:20

Breakout Sessions

See pages 4-7 for more details

16:20 - 16:40

Break

16:40 - 17:15

The President's Lecture

Dr. William Morgan addresses key developments in chiropractic.



17:15 - 17:30

BCA Public Affairs Update

17:30 - 18:00

Closing Remarks & Presentations

BCA President, Tim Button, closes Chiro Live '25, celebrating excellence within our community.

18:00

Conference End



BCA Excellence Awards Gala Dinner (19:00 - Late)

An unforgettable evening of fine dining, live entertainment, and inspiring award presentations as the finale to Chiro Live '25. The BCA Excellence Gala Awards Dinner showcases excellence, innovation, and dedication across our profession.

BREAKOUT SESSION

Animal Chiropractic Workshop

This interactive workshop led by the International Academy of Veterinary Chiropractic (IAVC) will explore the anatomy, biomechanics, and treatment approaches unique to animal patients, with a chance for delegates to engage in live demonstrations and practical learning.

SESSION HIGHLIGHTS

Understand the key anatomical and physiological differences between bipeds and quadrupeds, including SI joint orientation and spinal structure.

Learn how to assess and interpret quadruped gait and identify common joint dysfunctions in dogs and horses.

Observe and discuss live animal assessments and adjusting techniques in real-time.

Explore clinical relevance through real case presentations, skeletal models, and ongoing Q&A with IAVC experts.

Rotate through four stations covering equine and canine adjusting fundamentals, motion palpation, and anatomical dissection specimens.

Session Date: Saturday 15th Nov

Session Duration: 45 mins

Location: The Hampton Suite



Questions? Contact us at conferences@chiropractic-uk.co.uk

BREAKOUT SESSION

MSK Through the Ages

Our focus group series – 'MSK Through the Ages' – will delve into the changing needs of MSK health across the lifespan covering paediatrics, mid-life athletes and the older patient. These sessions offer an opportunity to deepen clinical understanding and share practical strategies in age-specific chiropractic care. Delegates will be assigned to one age group / focus group session.

SESSION HIGHLIGHTS

Group A: Understand the unique mobility challenges of older adults and discover strategies to support healthy ageing.

Group B: Discuss injury prevention, recovery, and performance optimisation in active adults and mid-life athletes.

Group C: Explore the foundations of early MSK development and the role of chiropractic in childhood growth and motor milestones

Network and exchange experiences with peers in discussions tailored to your clinical interests.

If you have a preferred focus group, please email conferences@chiropractic-uk.co.uk in advance.

Session Date: Saturday 15th Nov

Session Duration: 45 mins

Location: The Hanover Suite



Questions? Contact us at conferences@chiropractic-uk.co.uk

BREAKOUT SESSION

Rejuvenate – Reflect – Restore

This unique and transformative breakout session is designed to support chiropractors in restoring balance, reducing stress and enhancing both personal and professional resilience. Learn the fundamentals of the innovative Wellbeing Age Assessment Tool (IOS) followed by a silent yoga experience.

SESSION HIGHLIGHTS

Learn the fundamentals of the Wellbeing Age Assessment Tool (IOS) with wellbeing expert, Jesper Dahl, exploring holistic health for both practitioner and patient.

Experience a silent yoga session using noise-cancelling headsets to support deep relaxation and embodied awareness.

Learn breathwork and visualization techniques to reduce stress and restore energy throughout the day.

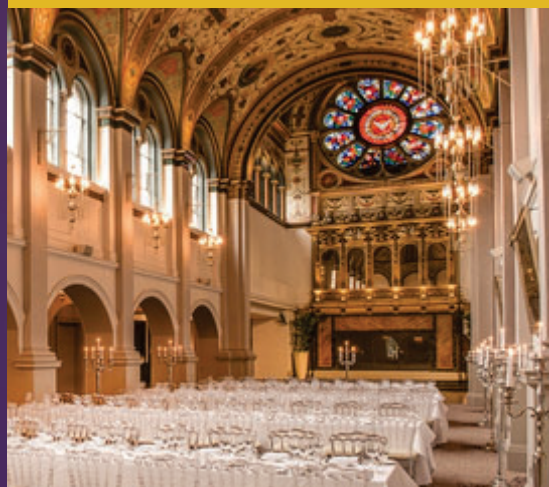
Discover how to apply wellbeing tools in clinical settings to support your patients' emotional and physical health.

Leave feeling re-centred and inspired, with practical techniques for sustainable self-care and resilience in practice.

Session Date: Saturday 15th Nov

Session Duration: 45 mins

Location: The Chapel



Questions? Contact us at conferences@chiropractic-uk.co.uk

BREAKOUT SESSION

Exhibition & Gadget Show

This session blends interactive tech demos with dedicated time to explore the Chiro Live exhibition floor. With direct access to leading partners and suppliers, it's your opportunity to discover, test and connect with the innovations driving the future of chiropractic care.

SESSION HIGHLIGHTS

Attend a live Gadget Show demo led by experts, with each breakout group experiencing a different cutting-edge tool in action.

Explore the exhibition floor and connect with industry-leading brands offering exclusive deals, expert guidance, and hands-on trials.

Discover the latest clinical equipment, digital tools, and business solutions designed to elevate your chiropractic practice.

Browse entries from the Research Poster Competition and gain inspiration from innovative projects and current academic insights.

Leave with fresh ideas, practical tools, and new connections to help you stay ahead in clinical excellence and business growth.

Session Date: Saturday 15th Nov

Session Duration: 45 mins

Location: The Beaumont Suite, The Hanover Lounge and The Parlour



Questions? Contact us at conferences@chiropractic-uk.co.uk